# Program on Saturday, 21.09.2024

time	<b>Seminar room</b> Rapunzel Welt 1. OG	<b>Yoga room</b> Rapunzel Welt 2. OG	Cooking studio Rapunzel Welt 2. OG	<b>Cinema</b> Cinema	<b>Casino hall</b> Casino	Allgäu Hall Casino	Open stage Logistics 1
11 am	No health without mental health by Dr. Franz Milz			Tasty and healthy cuisine by Alfred Fahr	The Economy of Love – SEKEM is living and working toward attaining a very special vision for Egypt! by Helmy Abouleish		
11:30 am							The Rapunzel Turkey Project
12 pm		The future of organic farming with genome		7		Felt slippers, dreadlocks and joints – which organic clichés are true? Guests: Jennifer Vermeulen & Justina Wilhelm, Host: Franziska Heinrich	The Rapunzel One Wor
12:30 pm		editing or organic breeding?  by Amadeus Zschunke					Organic Foundation
1 pm	Bringing the forest onto the field by Sepp Braun	Journey into the world of coffee - what suppliers report.	Coffee tasting  Discover the diverse	Vegan for the climate			
1:30 pm		by Nadine Schlaich & Renata Nunes	flavors of the Rapunzel hero coffees	by Natalie Reichelt	Kids band Jamuk		Fair trade
2 pm		Ayurveda – more than just cinnamon in porridge? by Hansi Kienle				Is genetic engineering a danger for organic farming?	
2:30 pm						Guest: Jan Plagge Host: Franziska Heinrich	Ayurvedic cuisine by Selina Steinhauser
3 pm	The sun of Germany in a jar! by Jochen Walz	Is palm oil always bad? by Dr. Gero Leson & Safianu Moro		Tasty and healthy			
3:30 pm				<b>cuisine</b> by Alfred Fahr			<b>Our pasta</b> by Pastificio Girolomon
4 pm	Daring to forge new paths! The new generation will continue writing the fairy tale. by Leonhard Wilhelm, Seraphine Wilhelm, Rosalie Dorn & Margit Epple	It's BEAN too hot. Climate, cocoa and mixed cultivation			Kids band Jamuk	Get children excited about vegetables. This is how to do it! Guests: Annika Glaser & Holger Epp Host: Franziska Heinrich	
4:30 pm		by Ute Eisenlohr, Safianu Moro & Dr. Joachim Milz					Vegan for the climat by Natalie Reichelt
Evening program rom 5 pm							

### **Evening program**

Concert: Cake for Breakfast: 5 pm | Atrium Rapunzel Welt

A musical journey into Turkish soundscapes:

5:15 pm | Open stage Logistics 1

**Concert: Jamaram :** 7 pm | Warehouse stage Logistics 2 | 19 € / 23 €

Concert: Well Brüder: 7 pm | Atrium Rapunzel Welt

Music by DJ Deejay OS: 9 pm | Atrium Rapunzel Welt

Club evening by DJ Luca Riccobono: 9 pm | Bar Rapunzel Welt

Get your tickets now!



#### Children's program

**Tower climbing** | *Tower* 

Musical soap bubble show - Dream & Foam, children's play mobile, chain carousel | Outdoor area

Children's crafts | Parking garage

## **Even more Highlights**

Morning pint with the Lautrach band: 11 am - 1 pm | Logistics inner courtyard

**Live music with the Wild Chucks:** from 11 am | Outdoor area

Aerial artist Anna Ehrenreich: from 11 am | Outdoor area

Children's program Interviews & Live-Cooking

Barrel organ player Jürgen: from 11 pm | Outdoor area

**Miniramp Best Trick Contest:** 3 pm | Miniramp

# Program on Sunday, 22.09.2024

time	<b>Seminar room</b> Rapunzel Welt 1. OG	<b>Yoga room</b> Rapunzel Welt 2. OG	Cooking studio Rapunzel Welt 2. OG	<b>Cinema</b> Cinema	<b>Casino hall</b> Casino	Allgäu Hall Casino	Open stage Logistics 1
11 am	Let the cow out – for more insects by Lydia Reimann und Markus Moser	Ayurveda – more than just cinnamon in porridge? by Hansi Kienle		Organic cuisine with a punk attitude by Nina Meyer	Kids band Jamuk		
11:30 am							The Rapunzel One World Organic Foundation
12 pm		Learning for life from and with the field - AckerRacker & GemüseAckerdemie by Raphaela Baur		7 20-		Organic carrots taste great. Is this due to organic breeding? Guest: Petra Boie Host: Franziska Heinrich	The Rapunzel Turkey Project
12:30 pm							
1 pm	Bringing the forest onto the field by Sepp Braun	Journey into the world of coffee - what suppliers report.	Coffee tasting Discover the diverse flavors of the Rapunzel hero coffees	Vegan for the climate by Natalie Reichelt	The wild 70s! How it all began. by Joseph Wilhelm, Gründer von Rapunzel		
1:30 pm		by Nadine Schlaich & Renata Nunes					Fair trade
2 pm		Chocolate at risk? Focus on fair trade and		1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Naturkost	Is palm oil always bad? Guest: Dr. Gero Leson Host: Franziska Heinrich	
2:30 pm		climate justice by Matthias Fiedler, Rossy Then Tejada & Marisol Villar Batista					Ayurvedic cuisine by Selina Steinhauser
3 pm	The sun of Germany in a jar! by Jochen Walz	Women shaping the future: Rapunzel and its worldwide		Organic cuisine with a punk attitude by Nina Meyer	Kids band Jamuk		
3:30 pm		female partners by Julia De Gregorio, Sonali Pandithasekera und Samia Chibani					Our pasta by Pastificio Girolomoni
4 pm	Reading: Glückstöchter - Einfach lieben (Daughters of Fortune - Simply Love) by Stephanie Schuster	It's BEAN too hot. Climate, cocoa and mixed cultivation			How fair is organic? Guest: Barbara Altmann Host: Franziska Heinrich		
4:30 pm		by Ute Eisenlohr, Safianu Moro & Dr. Joachim Milz	110 to 100 to			Vegan for the climate by Natalie Reichelt	
Evening program from 5 pm							

Presentation

Talk

Cookery show Live-Podcasts

#### **Evening program**

A musical journey into Turkish soundscapes: 5:15 pm | Open stage Logistics 1

Musical accompaniment Fräulein Schulze: 6 pm | Atrium Rapunzel Welt

Chocolate hits from Elle & Kapelle with chocolates tasting: 7 pm | Bar Rapunzel Welt | 8 €

**Cabaret Nepo Fitz:** 7:30 Uhr | Warehouse stage Logistics 2 | 15 € / 19 €

Get your tickets now!



## Children's program

**Tower climbing** / *Tower* 

Musical soap bubble show - Dream & Foam, children's play mobile, chain carousel | Outdoor area

Children's crafts | Parking garage

## **Even more Highlights**

Morning pint with the Kimratshofen band: 11 am - 1 pm | Logistics inner courtyard

Live music with the Wild Chucks: from 11 am | Outdoor area

Children's program Interviews & Live-Cooking

Live music with Adi Hauke: from 11 am | Garden Rapunzel Welt

Aerial artist Anna Ehrenreich: from 11 am | Outdoor area

Barrel organ player Jürgen: from 11 pm | Outdoor area